



Welcome to the December 2021 issue of the LeadingAge California **iNSPIRE** Project's monthly newsletter! Every month, we will share important project updates, best practices, and success stories and pictures. Get ready to be inspired!

The **I**ntegrate **fuN**, **S**ustainable, **P**rogramming that is **I**nnovative, **R**ewarding and **E**nriches (**iNSPIRE**) Project provides skilled nursing communities with no-cost iN2L engagement technology, which offers thousands of computer-based experiences aimed at improving quality of life, reducing psychotropic drug use, providing stress relief, and much more.

For more information, visit the iNSPIRE Project [website](#). Funded through a CMP grant awarded by CDPH and CMS Region IX.

## Goodbye 2021, Hello 2022

It's that time again, when we look back on the year behind us and anticipate the one ahead. It's when we celebrate our past achievements and have high hopes for the future.

With your hard work and dedication, the iNSPIRE Project accomplished great things in 2021. Your community attended an in-person training on iN2L's person-centered engagement technology. Many of you took advantage of our monthly Best Practices meetings and reached out for individualized support. Your residents used iN2L to connect and engage with the world around them in a time when that connection was needed the most.



The year ahead promises to be an exciting one. You will receive a second in-person training, a competency training, that will demonstrate learned skills and will provide additional individualized training in areas that you would like to gain further knowledge. Don't forget, at any time, you can always schedule a personalized in-person or virtual iNSPIRE Project orientation by contacting Amanda Davidson by [email](#) or phone at (916) 469-3385.

Late in the year, your iN2L subscription will come to an end and the 23" Group Engagement system and tablets are yours to keep. Since iN2L follows a monthly subscription model, we encourage you to begin paying for the subscription at the conclusion of the grant-funded 24-months. Begin thinking now about how your community might maintain the monthly subscription at your own cost. If you have questions, you can contact Carmeli Hocson by [email](#) or phone at (303) 806-0797 ext. 180.

We look forward to working with you this coming year. Thank you for all that you do to improve the quality of life of your residents.

## A Job Well Done!

Last quarter, four communities went above and beyond! Using the 23" Group Engagement system and the tablets, their residents played games, watched movies on Saltbox TV, enjoyed listening to music, and much more.

We'd like to congratulate the following communities for providing residents with, on average, over four hundred hours of iN2L for the quarter: **Hollenbeck Palms - Heideman Care Center**, **Milpitas Care Center**, **Mission de la Casa Nursing and Rehabilitation Center**, and **Regents Point - Windcrest**. Keep up the great work!

## Coming Soon

Don't forget to add these important dates to your calendar!

### iNSPIRE Project Best Practices Meeting

Wednesday, January 26

2:00 PM - 2:30 PM

Register [here!](#)

Attend this 30-minute best practices meeting to get your iNSPIRE Project questions answered. Your support team and your peers will be available to respond to your questions, offer solutions and best practices, as well as share a few tips and tricks. This is an optional and informal meeting designed to support you and the implementation and integration of the iN2L program in your community. These best practices meetings will be held monthly.

Please note, the Best Practices Meeting in December has been canceled due to the Christmas holiday.

### 2022 Quarterly Reporting Due Dates:

#### CASPER Report, Quality of Life (QOL), and Activity Participation Surveys

March 18, 2022

June 17, 2022

September 16, 2022

December 16, 2022

Go to the iNSPIRE Project [website](#) to download and print the Quarterly Reporting Due Dates form and add it to your program binder or an office bulletin board.

The iNSPIRE Project supports a study including up to 30 residents in our 60 participating skilled nursing communities and includes an evaluation to determine changes over time. Your facility-level CASPER report, Quality of Life (QOL), and Activity Participation surveys are important evaluation tools and your timely submission of these are greatly appreciated every quarter.

[LeadingAge California](#) represents California's broadest spectrum of providers of housing, care and services, serving hundreds of thousands of older adults. It launched the [Age On. Rage On.](#) campaign to spotlight the urgent need to develop a Master Plan for Aging in California. [Click here to read the latest news by LeadingAge California.](#)

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